



Two New Members Join Des Moines City Council

On January 7th, Melissa Musser and Matt Pina were sworn in as Des Moines City Council members, as were re-elected members Carmen Scott and Dave Kaplan. They joined current Councilmembers Scott Thomasson, Bob Sheckler and Dan Sherman. Following the swearing-in ceremony, Council elected Bob Sheckler to his third term as mayor and Dave Kaplan mayor pro tem.

Councilmember Musser and her husband Brian have been married and lived in the same house on North Hill for 17 years. They have a daughter, who is a freshman at Mt. Rainier High School, and a son, who is a 4th grader at North Hill. When asked why she ran for City Council, Melissa states, "I ran for the Council amidst the rumors of park and pool closures. I'm a huge supporter of programs for the youth of our city, so I ran in an effort to represent the families with young kids in our schools. As a council member I hope to facilitate an increased level of cooperation between the council members and accomplish visible goals for our residents".

Councilmember Pina has lived in the Des Moines community the majority of his life. He and his wife of 27 years met at Pacific Middle School and graduated from Mt. Rainier High School. Their son also graduated from Mt. Rainier High School and is now attending Central Washington University. Matt states, "I ran for Des Moines City Council because I felt that my background in Business, Finance and Technology would complement the Council. Additionally with a focus on working together, I believe we can generate the partnerships with the public, business owners, staff and interested developers to help address the budgetary issues that Des Moines is facing". He further states that his top priorities are public safety, financial stability, community partnerships and quality of life.

See your City Council in action on the first, second and fourth Thursdays of the month in the Council Chambers at 21630 11th Ave. S. Meetings start at 7:30 p.m. Videos of past Council meetings can be found on the City's website at www.desmoineswa.gov. Council meetings are also cablecast on Channel 21 on the Tuesday, Wednesday, and Saturday following a Council meeting at 9:00 am, 1:00 pm and 7:00 pm.

New Pirate Ship at Des Moines Field House Park Play Area Now Open

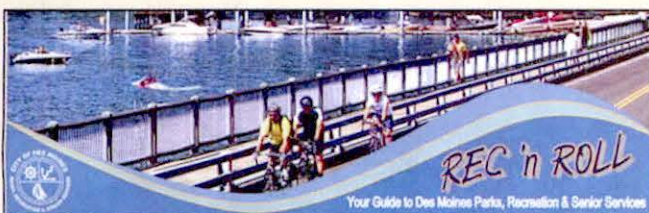
The new Field House play area is now open and ready for family fun just in time for spring! The City of Des Moines wishes to recognize the Rotary Club of Des Moines for its contribution of \$10,000 in support of this much awaited community asset.



Watch for the grand reopening of the Historic Field House Park Grandstand and Ballfield #1 in spring 2011. The Grandstand, a community icon, was closed due to unsafe conditions in 2008 and will be restored to its former glory following the Secretary of the Interior's standards for historic rehabilitation. The Ballfield #1 outfield will be expanded to allow for 90 ft. bases and improved play and safety.

The City of Des Moines gratefully acknowledges our funding partners, which include Washington State Heritage Capital Projects Fund, King County Parks Youth Sports Facilities, Washington Recreation and Conservation Office, 4Culture, Boeing Mariners Care and Des Moines Legacy Foundation. Without the funding support of the above organizations totaling \$693,000, these important improvement projects would not be possible!

Your guide to Spring/Summer Parks, Recreation and Senior Services begins on page 6.



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DES MOINES DIRECTORY

City Hall
21630 11th Avenue South

206-878-4595

Business Hours: Monday – Friday
8am – 4:30pm
www.desmoineswa.gov

City Council

City Council meets 1st, 2nd and 4th

Thursdays at 7:30 p.m.

Bob Sheckler, Mayor
Dave Kaplan, Mayor Pro Tem
Melissa Musser
Matt Pina
Carmen Scott
Dan Sherman
Scott Thomasson

City Offices

City Attorney.....	206-870-6553
City Clerk.....	206-870-6519
City Manager.....	206-870-6541
Planning/Building.....	206-870-7576
Engineering.....	206-870-6522
Finance Director.....	206-870-6512
Marina.....	206-824-5700
Municipal Court.....	206-878-4597
Parks.....	206-870-6559
Police Department.....	206-878-3301
Public Works.....	206-870-6559
Recreation.....	206-870-6527
Senior Services.....	206-878-1642

Other Numbers

Emergency.....	911
Animal Control.....	206-870-6549
City Job Line.....	206-870-6593
Field House.....	206-870-6527
Fire (non-emergency).....	253-839-6234
Library, Des Moines.....	206-824-6066
Library, Woodmont.....	253-839-0121
Police (non-emergency).....	206-878-3301

Utilities and Services

Allied Waste.....	206-682-9735
Comcast.....	877-778-7008
Highline Water District.....	206-824-0375
Lakehaven Wtr/Sewer.....	253-941-1516
Midway Sewer District.....	206-824-4960
Puget Sound Energy.....	800-321-4123
Qwest.....	800-573-1311
SW Suburban Sewer.....	206-244-9575
Water District #54.....	206-878-7210

CALL BEFORE YOU DIG:

Utility Locates:..... 800-424-5555

Improvements to South 216th Street Begin in April

(Marine View Drive to 11th Avenue South)

South 216th Street will be widened along this corridor beginning in April to provide a two-way left turn lane, curbs, gutter, and sidewalks along both sides of the street, and bicycle lanes in each direction. Utilities will be placed underground as part of this project. The contractor will have 180 working days to complete the work. The project was partially funded through a grant received from the King County Community Development Block Grant (CDBG) Program and frontage improvement in-lieu fees provided by the Wesley Homes Retirement Center. If you would like additional information, please contact Scott Romano at 206-870-6539 or email sromano@desmoineswa.gov.

Shopping Locally – The Spirit of Community

When we drive down the street and take a look around at our city, we see the local shops and businesses that create a sense of character - the identity of what is Des Moines, defining our "hometown." Des Moines thrives when we all come together to shop, eat and play in our town. If you haven't taken the time to peek inside some of our local venues - bookstore, flower shops, wine cellar, butcher shop, take a walk through our downtown on a sunny afternoon and explore what you are missing. As the weather gets warmer, a stroll by the water, some fresh fish & chips and a movie make for the perfect weekend evening.

Whether you are buying for yourself or gifts for friends and family, buying locally supports those you care about in more ways than one. Your local tax money helps build the foundation that allows all the good things in our town to flourish. Local spending creates a "multiplier effect". When money circulates within the community, businesses grow and spruce up their facades, new businesses are attracted and offer more jobs. Our home and property values rise and our town becomes a more desirable place to be. So pause for a moment and think of how you can make your next purchase a local one. Your support creates a better Des Moines.

Major Construction at the Marina – Watch Your Step

While it may appear that the area in the vicinity of the Marina Office and portions of the north parking lot are inundated with construction equipment, please be assured that the Des Moines Marina is open for business and for the pleasure of boaters and visitors. IMCO General Construction is quickly moving forward with construction of the new steel sheet pile bulkhead, underground utility upgrades and other related projects.

Marina walkers will find a temporary pedestrian footpath along the east side of Dock Ave. S. A portion of Dock Ave. S. remains closed to vehicle traffic, but the fishing pier may be accessed from the Marina's north entrance at S. 223rd and Cliff Avenue and the remainder of the Marina from the south entrance at S. 227th Street. Boaters are still able to enjoy the beauty of the Des Moines Marina with just a few ongoing changes involving access to M, N and Guest Moorage docks. Current project status updates may be found at www.desmoinesmarina.blogspot.com.

Whether walking, boating or just driving in to view the scenery, please continue to enjoy the Marina, but exercise caution knowing that major construction is in progress!



City Council Adopts 2010 Budget

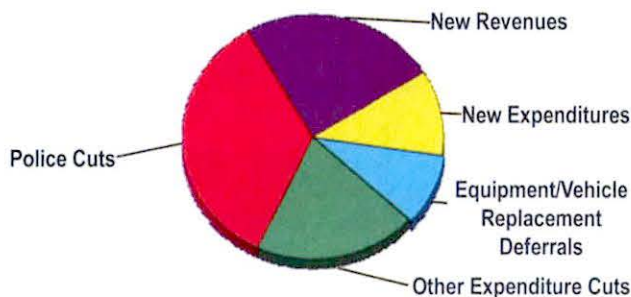
The Des Moines City Council adopted the 2010 operating and capital budgets on December 10, 2009. The 2010 operating and capital budgets included expenditures of \$28.2 million and \$18.4 million, respectively, with overall spending totaling \$46.6 million.

The General and Street Funds are the City's general governmental funds and include the expenditures for general administration, court and jail, police services, public works administration, transportation engineering, road and street maintenance, building permitting services, development services, long-range planning, parks administration, parks and facilities maintenance, recreation programs, human services, senior programs and services.

The 2010 budget process focused primarily on achieving balanced budgets for the General and Street Funds. This process was impacted by the continued economic downturn that began in the fourth quarter of 2008. Even though City leaders addressed the revenue declines with significant budget cuts during the first half of 2009, the City still realized a budget gap of approximately \$1.6 million for the 2010 base budget.

In early fall 2009 the Council started the process to balance the 2010 budget. The City Manager initially offered Council a number of revenue and expenditure options that, taken together, were greater than the budget deficit, including cutting all parks and recreation programs, two lobbyist contracts, three vacant police officer positions, two vacant community officer positions and a police records specialist; reducing the code enforcement officer to half time; reducing funding for equipment and computer replacements; and asking the voters to increase utility taxes. Council rejected the utility tax option, the wholesale elimination of parks and recreation, and the reduction of code enforcement services. Staff identified additional revenue in the form of unused library district property tax authority and revised sales tax projections. Even then additional expenditure cuts were needed. Given the deep cuts in other departments that were taken earlier in 2009, staff brought cuts in the recreation staff and the Police Department to the Council for consideration. Council ultimately adopted a balanced budget that included these additional cuts.

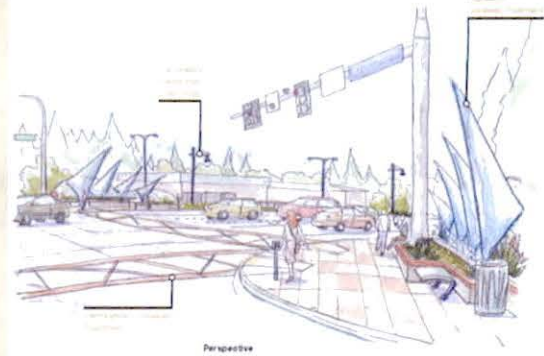
2010 BUDGET BALANCING STRATEGIES



Des Moines Creek Trail Update

The Des Moines Creek Trail project was put on hold due to wet site conditions in early January after completion of storm water improvements, rock walls, a soldier pile wall, and grading. Once the trail dries and the project resumes, the contractor will be working on final grading and asphalt paving along the trail as well as other improvements in Beach Park. Project completion is expected in June. Watch the City's website at www.desmoineswa.gov for news of the ribbon-cutting ceremony.

Des Moines Transportation Gateway Project



The Transportation Gateway Project, involving design of improvements to S. 216th Street and 24th Avenue S., is progressing rapidly to support a landmark development initiative for the City. These roadways are being designed as "complete streets" with two additional travel lanes, turn lanes, bicycle lanes, curbs, gutters, sidewalks, and other urban design features. These improvements will be critical in providing the needed transportation capacity for the planned Des Moines Creek Business Park and the Pacific Ridge neighborhood.

In late 2009, the Des Moines City Council, following public meetings and input, directed staff to proceed with final design using an "offset" alignment that varies the roadway alignment to best preserve currently developed properties and avoid relocation of residents.

Final design focuses on 24th Avenue S. and two segments of S. 216th Street: Segment 1A – 29th Avenue S. to 24th Avenue S. including widening of the SR99 intersection; and Segment 2, 24th Avenue S. to 19th Avenue S. where it transitions to a future 3-lane road section. Design of 24th Avenue S. improvements, between S. 208th St. and S. 216th St., includes major changes to the S. 216th Street intersection. Further design of S. 216th Street east of 29th Avenue S. has been deferred to the long range plan pending uncertain extension SR-509 and replacement of the I-5 overpass.

This spring the City is working with the Port of Seattle and WSDOT to secure much of the required right-of-way and complete environmental reviews. Steps that follow include finalizing roadway design and drainage systems, wetland studies, right-of-way planning, appraisals and eventually property acquisition activities. Focus will be on getting 24th Avenue S. and/or S. 216th Street, Segment 2, ready for construction by 2011 if funds become available.

The City plans to send invitations to neighbors and property owners to attend a public open house this summer to discuss how the improvements will mesh with their properties. For more information or project updates, call 206-870-6525 or visit www.desmoineswa.gov/tgp.

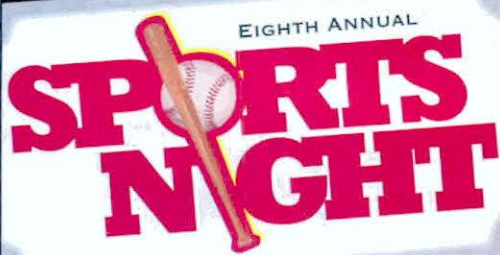
Volunteers Needed to Stencil Catch Basins

The City of Des Moines is required to identify and eliminate illicit discharges to prevent pollution/contamination of the State's waters. If you see a pollutant being dumped, spilled, or pumped into a catch basin, sidewalk or ditch, please contact the Public Works Department at 206-870-6869 or 206-870-6525; after hours 206-550-5612. Volunteers are also needed to stencil catch basins around town. For details call Ruth Famurewa at 206-870-6869.

City of Des Moines Human Services Applications for 2011-12 Available

Applications for human services grants from the City of Des Moines for 2011 and 2012 projects will be available beginning Monday, April 19th. All 501c3, non-profit organizations serving the Des Moines community are eligible to apply. Applications will be due to Des Moines City Hall on Friday, June 4th. To receive an application, please call Senior Services Manager Sue Padden at 206-878-1642 or email Spadden@desmoineswa.gov. The application may also be downloaded on the City of Des Moines web page, www.desmoineswa.gov/forms.

Take a Chance to Give Kids a Chance



MAY 15 • 6-11 P.M.

AT DES MOINES FIELD HOUSE

\$50 PER PERSON • \$375 PER TABLE

JOIN US FOR
CASINO GAMES
 AUCTIONS • PRIZES • BUFFET
 BEER & WINE



Tickets available at Des Moines Field House
 1000 S. 220th St. or by calling 206-870-6527

Sponsored by Des Moines Legacy Foundation in partnership with
 Rotary Club of Des Moines and Des Moines Pool Metropolitan Park District

The 2010 Census and Why Des Moines Residents Should Participate

The U.S. Census counts every resident in the United States and Puerto Rico. It is required by the U.S. Constitution and has been conducted every 10 years since 1790.

In March, every resident in Des Moines should have received a 2010 US Census form. Residents were asked to answer 10 short questions and mail the form back in the postage-paid envelope provided. Census forms that are not returned will necessitate a visit from a census taker who will ask the questions from the form. It costs substantially more money to send census takers to households that fail to mail back their form than it does to receive it by mail. **Every 1% increase in the national mail back participation rate for the 2010 Census saves \$85 million in taxpayer money!**

Your participation in the 2010 Census is important to ensure our community receives its fair share of political representation and government funding. Census counts are used to determine congressional, state and local voting districts. Data is also used in analyzing local population and income trends, assess fairness of employment practices, monitor racial disparities, scientific research, prevent diseases, research markets and more.

Accurate data reflecting changes in our community is crucial in deciding how more than \$400 billion in federal funds is allocated each year for things like public health, job training centers, schools, senior centers, public works projects and emergency services. The Census Bureau estimates the total federal funding amounts to \$1,400/ person/year.

SR-509 Right-of-Way Acquisition Proposed

The City of Des Moines hopes to acquire the historic State Route 509 right-of-way from the Washington State Department of Transportation to use for a 16th Ave. S. road extension, construction of a trail along Barnes Creek and potential storm water facilities for the Transportation Gateway Project. More information can be found on the city's website at www.desmoineswa.gov/509 or contact Amy Swartz at aswartz@desmoineswa.gov or 206-870-6592 if you have any questions or comments.

Des Moines Planning Agency Update

Last fall, the City Council tasked the Planning Agency with the mission to work with City planning staff to create design guidelines for our downtown area. The goal is to fashion a document that blends a sense of public vision with concrete and easily understood guidelines for designers and developers as they evaluate, plan, and implement redevelopment projects in the downtown waterfront core. This document is but one part of an overall redevelopment strategy, but it is an important one since it will affect the pattern and the "look and feel" of the new environment we will see and experience in the future.

This effort builds upon several years of discussion within the City Council and represents its efforts to bring the widest possible array of stakeholders into the process. As part of the guidelines review, the Agency hosted a public open house on March 22nd to get the community's input on the draft *Marina District Design Guidelines*. The guidelines can be viewed on the City's website at: www.desmoineswa.gov/planning. In addition, the Agency has set up an email account and public comments are encouraged: planning_agency@desmoineswa.gov.

Current members serving on the Planning Agency are: Robert Polwarth, Chair; Don Riecks, John Savage, Cass Prindle, Aaron Bekkerus, Leslie Newman and Shan Hoel.

Development and Construction Emphasis Shifting in 2010

To maintain a vibrant community with a diverse social and broader economic make up, the City will be investing significant time and resources in 2010 to modify its codes, reconstruct key physical systems such as City facilities and infrastructure, and promote larger commercial development. This investment is being done with the intent of attracting the type of growth and development which will provide for new opportunities for Des Moines business owners and financial stability and improved services for its residents.

The City's Marina is a prime example of this type of activity shift. Recent construction, which completely upgrades the marina water and electrical systems, is done and construction is underway to replace the 40 year old harbor seawall. Similar investments and upgrades are occurring in the City's Beach Park.

The City is also strategically targeting improvements and code changes in and around the Downtown and the Des Moines Creek Business Park -- two areas that the City Council has ranked high on its strategic priority list. The water distribution system within Marine View Drive and associated side streets in the Downtown is poised for replacement, possibly this summer or fall. New design guidelines are also being crafted to shape new development in the Downtown. Parking requirements have been eased through 2010 and 2011 to spur developer interest in the Downtown. And, contingent upon award of final funding, the main east-west access to the central part of the Downtown (South 223rd Street) may also be partially reconstructed and resurfaced this year.

The City continues aggressively pursuing the initial phases of new development of the 89-acre Business Park site with the Port of Seattle. A possible development scenario that the City and Port are pursuing is the new regional headquarters for the Federal Aviation Administration (FAA) which seeks to construct approximately 518,000 square feet of new office space for its 2,000 employees.

Deadlines for GMA Comprehensive Plan and Development Regulations Review Extended 3 Years

Due to State budgetary constraints, SSB 6611 extends the Growth Management Act deadline for counties and cities planning to complete the review and update of their comprehensive plans and development regulations to 2014. State statute RCW 36.70A.130 requires counties and cities to periodically conduct a thorough review of their plan and regulations to bring them up to date with any relevant changes in the GMA, and to respond to changes in land use and population growth.

Why we plan...The comprehensive plan is the centerpiece of local planning in Washington State. Comprehensive plans express the values and priorities of our communities. Like business plans, they provide the framework for how our communities will grow – a roadmap for how our community wants to look and to function. Like business plans, they must evolve over time to be effective.

Like many jurisdictions, Des Moines conducts scheduled reviews of select plan elements on an annual basis. The last required periodic update for Des Moines was 2002, although changes were not adopted until March 2006. Over the next year or two, staff will be working with the community, Planning Agency and City Council to obtain input on this work. For more information, contact Planning Manager Denise Lathrop at 206-870-6563.

Be a Responsible and Caring Pet Owner

Spaying and neutering is a great idea for your family pet. While eliminating the chance of unwanted pregnancies, it also reduces aggression, reduces the risk of certain types of cancer and makes your pet less likely to want to run away. Many veterinarians perform the surgery at around 6 months of age, however early spay/neuter at 8 weeks of age is a common practice at many adoption agencies.

Beach Park Jazz and Blues Series

When July weather heats up, cool down on the water at the Beach Park Jazz and Blues Series. The Des Moines Arts Commission and Snohomish Artist Guild are teaming up to bring you the hottest ticket in town. The **free** summer concerts will feature rock, jazz, blues and ethnic artists known throughout the Northwest and beyond. Bring a blanket or lawn chair and a picnic dinner and enjoy free entertainment for the whole family Wednesday evenings, July 21st through August 11th, at 7 pm at Des Moines Beach Park, 22030 Cliff Ave S.

July 21 Deadwood Revival
July 28 Lucas Cates Band

Aug. 4 Handful of Luvin'
Aug. 11 The African All-Stars

Coming this fall: Poverty Bay Arts Festival, Saturday, September 25th. Enjoy music, artwork, pottery, poetry slam and more from 10 am to 4 pm on Marine View Drive. More information will be available at www.povertybayartsfestival.com. Visit www.desmoineswa.gov/artscommission for Arts updates!



Handful of Luvin'

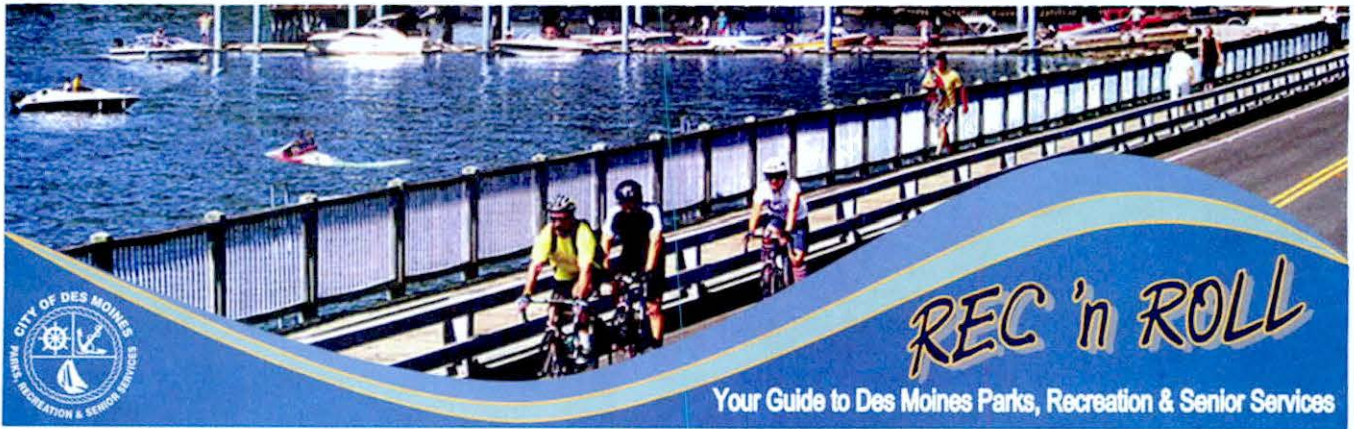


Powell Homes Fireworks Over Des Moines Sunday, July 4th, 10:00 p.m. Des Moines Marina

Presented by Powell Homes and
Rotary Club of Des Moines

It just wouldn't be the Fourth without fireworks! A spectacular 20 minute fireworks display over the historic Des Moines waterfront will begin at 10:00 p.m. Bring your family, picnic, lawn chairs or blankets and sit back and watch the fireworks show. A \$1 per person donation is requested at entry points to support the event. No personal fireworks, alcohol, portable BBQs, pets or vehicles will be allowed inside gated areas at Des Moines Marina north parking lot or Beach Park. For information regarding handicap parking, please call Des Moines Marina at 206-824-5700.

The success of Fireworks Over Des Moines depends on community and business donations as well as volunteer support. Please make a tax-deductible donation in any amount to: Des Moines Legacy Foundation-Fireworks Over Des Moines Fund c/o 1000 S. 220th Street, Des Moines, WA 98198 or call 206-870-6547 for more information. Please volunteer by calling Sam at Powell Homes 206-824-8001.



REC 'N ROLL – bringing programs and services that support play, health and quality of life through Parks, People and Programs!

Give your family the gift of life-long healthy choices by building new fun habits together. Improve your fitness by incorporating Zumba®, Aerobics, Yoga, Enhance Fitness, or Wake-Shape Up into your week; participate in athletic programs designed for all ages and capabilities; ensure your children have an outrageous summer in Missoula Theatre Camp, Camp Khaos, sports camps or any one of our fun activities; enrich your life with classes that tickle your brain and expand your horizons; enjoy the companionship of being with others and making new friends. Embrace the outdoors in our city's beautiful parks; bring out your inner child playing on the Field House Park Pirate Ship or get back to nature trekking along the newly completed Des Moines Creek Trail. No one should be left inside this spring or summer!

Look for our next issue in September and stay on top of new activities by subscribing to our electronic REC 'N ROLL – an e-blast filled with community recreation opportunities. Send request for REC 'N ROLL e-blasts to recreation@desmoineswa.gov

Toddler/Preschool Age Activities

Gymnastics – Parent-Toddlers

Each child learns balance and muscle coordination skills at their own pace.

Instruction: Jungle Gym

Age 18 months-3

Th	May 6-June 24	5:30-6:10pm	Field House
Th	July 8-Aug 26	5:30-6:10pm	Field House

\$83R \$89NR

Preschool Gymnastics

This high-energy and fun-filled class is designed for the child who wants to learn the basics of gymnastics. Listening skills and socialization are emphasized while developing coordination, agility, balance, and muscle strength at an individual pace. Instruction: Jungle Gym

Ages 3-5, new and returning

Th	May 6-June 24	6:15-6:55pm	Field House
Th	July 8-Aug 26	6:15-6:55pm	Field House

\$83R \$89NR



Check out Tiger Martial Arts, page 7 children age 3+
Check out Acrobats, page 7 for children age 4+.

Tee-Ball Coed Leagues

Get out the leather glove, swing the aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing, and catching properly. Playing field and rules are modified to fit participant age and skill levels. The coaches meeting will be May 20 at 6pm at the Field House. For information about coaching, sponsorship and scholarship opportunities please contact our office at 206-870-6527.

Age 3-5

June 1-July 31

\$75R \$80NR

Des Moines Area Fields

Mini Kickers

Start soccer off right with an introduction to warming-up, stretching, dribbling, passing, shooting and defensive work. It's a great opportunity for kids to meet other kids from the community. Participants receive a new soccer ball!

Age 3-5

M-F	June 21-25	5:30-6:30pm	Field House Park
M-F	Aug 23-27	10-11am	Field House Park

\$30R \$35NR

UK Petite Soccer:

A fun introduction to the world of soccer with an emphasis on a "Games Based" approach to coaching soccer! Players receive a T-Shirt and Certificate. Instruction: professional trainers

Age 3-5

M-F	July 19-July 23	9am-10:15am	Field House Park
M-F	July 19-July 23	10:30am-11:45am	Field House Park
Fall 6-week Session			\$95
Tu	Sep 7/6wks	10am-11am	Field House Park

\$100

Youth Recreation Activities

Youth Gymnastics

This fun-filled class develops flexibility, coordination, agility, balance, and muscle strength on an individual basis and focuses on cartwheels, handstands, rolls, basic beam, and basic bar work. Instruction: Jungle Gym

Age 6-9, new and returning \$83R \$89NR
 Th 7-7:40pm Spring: May 6-Jun 24 Field House
 Th 7-7:40pm Summer: July 8-Aug 26 Field House

Tiger Kids Martial Arts

Improve motor skills and coordination while building self-confidence through the use of martial arts and fun games - bag kicking and padded sword-sparring! Includes T-shirt and a white belt for first time participants! Instructor: Mitch Mayberry, International Champion, 8th degree Master Instructor.

Age 3-Adult \$81R \$89NR plus \$12 AAU Membership
 W 4:30-5:10pm Spring: Apr 14-Jun 2 Field House
 W 4:30-5:10pm Summer: Jun 23-Aug 11 Field House

Coach-Pitch Coed Leagues

Get out the leather glove, swing the aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing, and catching properly. Playing field and rules are modified to fit participant age and skill levels. The coaches meeting is May 20 at 6pm at the Field House.

Age 6-8 Coach-pitch \$75R \$80NR
 June 1-July 31 Des Moines Area Fields

Fishing with Your Kids

Dads, Moms and Grandparents - teach your child(ren) different ways to fish our local Washington waters for salmon, steelhead and sturgeon and learn techniques to make every outdoor opportunity a success.

Age 6-17 \$60/pair plus \$25/each additional child
 Th July 1-22 6-7pm Field House
 Th Aug 12-Sept 2 6-7pm Field House

Fall Youth Recreation Soccer League

The Coaches meeting will be August 19 at 6pm at the Field House. Registration starts on June 1 and closes September 4. U-5 co-ed 3-5, U-7 co-ed 6-7, U-9 boys 8-9, U-9 girls 8-9

*Birth certificate required.
 August 23-October 31 \$65R \$70NR June 1-July 31 Des Moines Fields
 \$75R \$80NR August 1-September 1 Des Moines Fields



Check out page 8 for Summer Sports Camps!

For information about coaching, sponsorship and scholarship opportunities please contact our office at 206-870-6527.

Acrobats For Kids

Learn gymnastic/martial arts style rolls, cartwheels, backbends, handstands and walkovers and other cool moves. A routine set to music will be learned in each class. Recommended Attire provided at registration. Instructor: Melanie's Dance Unlimited.

Acrobats I—Beginners

Age 4-7 \$68R \$73NR
 W June 23-Aug 4 7-7:45pm Field House

Acrobats II

Age 8-12 \$73R \$78NR
 W June 23-Aug 4 6-7pm Field House

Acrobats III

Prerequisites: Forwards & backwards rolls, cartwheels, backbends from standing, splits, beginning gymnastics floor passes, and basic dance skills. Same time as Acrobats II.



Ballet/Jazz

Ballet is the true expression of classical art that provides strength, beauty, posture and grace and is the foundation for all other dance forms. Focus is on stretching, Barre, Center and Across-the-floor work with emphasis on terminology and proper technique. Recommended Attire provided at registration. Instructor: Melanie's Dance Unlimited

Grades K-3 \$51R \$56NR
 M June 21-July 26 6-6:45pm Field House
 No class 7/5

Tap Dance – new & returning

Class features fun, making lots of great noises with your feet and incorporates rhythm, technique & style. Recommended Attire provided at registration. Instruction: Melanie's Dance Unlimited

Grades K-3 \$45R \$49NR
 M June 21-July 26 6:45-7:15pm Field House
 No class 7/5

Hip Hop Dance

Featuring the most popular urban moves and grooves, class is fun, fast paced and will get your heart pumping! No experience necessary! Instruction: Melanie's Dance Unlimited

Grade 1-5 \$45R \$49NR
 M Aug 2- Aug 30 6-6:45pm Field House Studio

REC n' ROLL Summer Camps



KHAOS
Kids having an outrageous summer!

KHAOS Camps

Monday – Friday | 6:30am-6:00pm
Field House

Participants receive a Camp KHAOS T-shirt!
KHAOS Summer 2010 Registration Fee: \$25R \$30NR *Add \$10 when payment is received less than one-week in advance.
Enrolling more than one child per family?
Call 206-870-6527 for discount information!

Weekly Sessions begin the week of
June 28 – August 30

Camp KHAOS & K2 weekly schedules available May 4, 2010 at www.desmoineswa.gov/recreation.

KHAOS Countdown

Harness that "schools out" explosion of energy into creative crafts, high-energy sports, games and outdoor activities and then breathe a sign of relief that will last until Camp KHAOS starts.

Grade K-6

\$210R \$220NR
or \$34R \$36NR drop-in

June 17-25

Camp KHAOS

Let our energetic and dedicated staff introduce your child to a sizzling summer filled with fun interactive activities that will spark their imagination and fill their day. Expect age appropriate activities such as arts and crafts, games, swimming, outdoor activities and a chance to make new friend all designed around the weekly theme.

Age 5-11

Weekly Fee*: \$135R \$140NR

K2 Teens

K2 blends teamwork, age-appropriate activities and crafts with exciting weekly adventures to ensure your teen's summer is packed with high-energy! Weekly themes will include many age appropriate adventures such as disc golf, beachcombing and ball games.

Age 12-15

Weekly Fee*: \$145R \$150NR

Diamond Skills Baseball Camp

Professional instruction at recreation prices. Individual skills and drills as well as game situations and contests like Camp Olympics from enthusiastic coaches. Instructors: Brandon Newell, Milwaukee Brewers NW Scouting Supervisor, Darren Rawie, Head Varsity Coach, Mt. Rainier High School, Nic Lind, Infield Instructor NW Diamond Sports, Hal DeBerry, Head Varsity Coach, Newport High School.

Age 7-11 Years

M-Th July 26-29 9am-12pm Mt. Rainier High Baseball Field

Age 12-15 Years

M-Th July 26-29 1pm-4pm Mt. Rainier High Baseball Field

Group discount: \$20 off 5 registrations or \$40 off 10 or more!



Brandon Newell

\$150R \$170NR

Hoop Time Basketball Camp

A challenging skill-based development camp focused on fun; offensive skills: dribbling, passing, and shooting; defensive skills: foot positioning and handwork and work on blocking out and rebounding.

Age 7-12 New and Returning

M-F July 26-30

11:30am-2:30pm

\$65R \$70NR

Field House

Missoula Children's Theatre

Calling interested youth actors, actress and assistant directors - this is your chance to audition, rehearse and perform in the production of Robinson Crusoe. Auditions are open to Highline or Federal Way students. Selected participants will be involved in rehearsals and performances and receive 2-complimentary tickets.

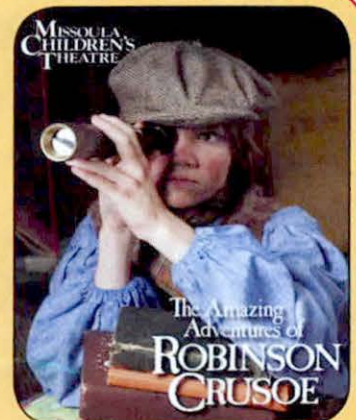
Grades 1-12

\$55/R \$60/NR (if selected)

Location TBD

Timeline:

Free Audition	M, July 19	10am
Rehearsals	T-Th, July 20-22	Scheduled with Casting
Performance	F, July 23	7pm
Performance	S, July 24	3pm



UK International Soccer

UK International Soccer Camp is back for 2-exciting camps. Coaching: UK professional coaches.

Age 4 - 14

\$92/half-day

Age 8 - 14

\$153/full day

M-F July 12-16 or Aug 2-6 9-12pm Field House Park

M-F July 12-16 or Aug 2-6 9-3pm Field House Park

Interested in hosting a UK Coach for the week? Contact Ralph at 206.870.6586, email stewart.boniface@uksocca.com or check out UK Soccer at www.uksocca.com for details.

Teens / Adult Sports

Field House Dances

Kick it at Field House theme dance parties featuring dancing, contests and concessions to benefit Youth Council. Hosted by Des Moines Youth Council. Leader: Parks and Recreation staff

Grades 6-8 - student ID required for admission.

April 23 Luau	7:30-10:00pm	Field House	\$7
May 21 Last Chance Dance	7:30-10:00pm	Field House	

Teen Hip Hop

It's never too late to learn to dance! Hip Hop instructors offer beginning students a program specifically designed for teens that want to dance. We'll whip you into shape, improve your body-tone and technique and teach you how to dance. No experience necessary. Instructor: Melanie's Dance Unlimited

Grades 6-10

\$45R \$49NR

M Aug 2-30



6:45-7:30pm Field House

Adult Men & Coed Fall Softball League

This is a great opportunity for folks to play at our beautiful complex. Each team plays 12-games and a single elimination post season tournament. Registration deadline: July 16th.

Adults

SJUMP

Monday Nights Co-ed Recreation Division

Tuesday Nights Men's Recreation Division

\$650R \$700NR

August - October

August - October

Senior Softball

Batter-up for active adults age 50 and better!

Des Moines Activity Center sponsors two coed softball teams that compete against teams throughout King County.

Practices and home games are played on Tuesday and Thursday mornings at the Steven J. Underwood Park fields beginning in April. League games start the week of May 4 and conclude in a post-season tournament. Most game times are at 10am. Teams receive sponsorship funding from local business.

To learn more about Team sponsorship opportunities or if you are interested in playing on one of our two teams, contact:

Abbie Nielsen, Recreation Coordinator, Des Moines Activity Center
206-878-1642, anielsen@desmoineswa.gov



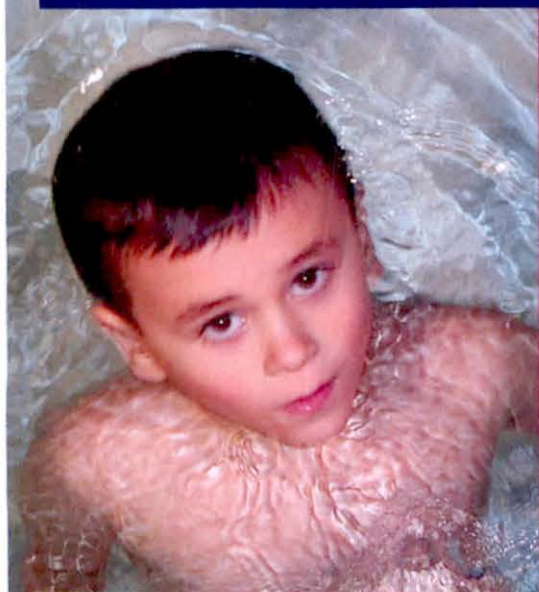
Check out CPR Class on page 11!

Check out River Rafting on page 11!

Check out K-2 Camp on page 8!

SWIMMING

It's about Fitness. It's about Life.

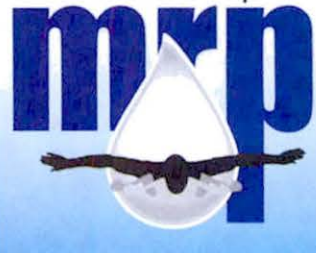


- More than NINE million children ages 6-19 are overweight or obese – a number that has tripled since 1980.* For kids born in the United States in 2000, the risk of being diagnosed with Type 2 diabetes is 30% for boys and 40% for girls.

- Swimming improves endurance, builds muscle and burns calories. And because swimming is low-impact, it can be continued for a lifetime.

* Centers for Disease Control and Prevention

mount rainier pool



22722 19th Ave. S.
(south side of Mount Rainier High School)
Des Moines, WA 98198
(206) 824-4722

For hours, schedules, classes, directions and rental information, check out our website:

www.mountrainierpool.com

SIGN UP TODAY!

Thanks once again to the generous voters of Des Moines for your determination to keep swimming a vital part of our community. Please visit us soon.

Adult Fitness



Ditch the workout – Join the Party! Working-out is healthy, rewarding and beneficial, but it's never been known to be exhilarating until now! Zumba® fuses hypnotic Latin rhythms and easy

to follow moves to create a unique program that will blow you away and help you achieve long term benefits while experiencing an absolute blast in one hour of calorie-burning, body-energizing, awe-inspiring movements that engage and captivate for life! Instructor: Shayla Lee, Zumba® Certified. First class FREE.

Adults \$63R \$69NR/10-class punchcard or \$10/drop
M Ongoing 6-7pm Field House

Pilates – beginners and advanced*

Start losing inches today! This mat-based discipline improves the look and feel of your body, and increases flexibility, stamina, strength and posture. Modifications can be made to support individual needs. Please bring a "sticky" mat to class. Instructor: Julie Conklin. *no class August 30

Adults, beginners and advanced Founders Lodge
M/W 6-7pm May, July August \$67R \$74NR MW
M/W 6-7pm June \$75R \$82NR
T/TH 11am-12pm May & July \$67R \$74NR
T/TH 11am-12pm June & August \$75R \$82NR



Boot Camp Fitness*

A results-driven conditioning program utilizing a military-style format, coupled with progressive, innovative and creative exercises in fitness. Taught indoor and outdoor, workouts include: cardiovascular, speed and endurance, partner resistance and strength training. Instructor: Julie Conklin

Adults Founders Lodge
T/Th 6-7pm May 4-27 \$67R \$74NR
T/Th 6-7pm June 1-29 \$67R \$74NR

*10/drop-in fee also available for Boot Camp or Pilates

Belly Dance

Enjoy a fun, effective, low impact exercise. Beginning and intermediate level classes consist of Middle Eastern and American Tribal dance steps for troupe and soloist, body movements, the use of cymbals and the veil. Instructor: Saroya Poirier, Babylonian Ensemble

Adults \$43R \$49NR
M May 17-June 28
Beginners 7:15-8:15pm Founders Lodge
Intermediate 8:15-9:15pm Founders Lodge

Move It or Lose It!

Breathe, stretch and move! Let your body enjoy the feeling of well-being through exercise! Wear comfortable clothing, gym-type shoes and bring a water bottle. Instructor: Mary Brown.

Adults \$1R \$2NR
T May 18 or June 15 11-11:45am Activity Center

Wake Up- Shape Up!

Wake up your body and your mind and focus on stretching, low-impact aerobics and balance. Wear comfortable clothing, gym type shoes and bring a water bottle. Instructor: Mary Brown

Adults Field House
M/W May 3-26 9:30-10:30am \$24R \$28NR
MW June 2-30 9:30-10:30am \$27R \$31NR
M/W July 7-23 8:15-9:15am \$21R \$25NR
M/W August 2-30 8:15-9:15am \$27R \$31NR
\$4 drop-in fee also available.

Energy Yoga

Using methods from yoga, qigong and tai chi, enhance your mind-body connection with gentle deep stretching, effective breathing techniques, and dynamic meditation. Learn how to release stress and re-direct your energy to gain better health and a sense of well being. Bring a waterbottle. Instructor: Rhonda Allison

Adults \$48R \$52NR
* \$8/drop-in fee also available.
Th 3:30-4:30pm Seated/Standing May 6 – June 24
Th 3:30-4:30pm Seated/Standing July 1 – August 26
M/Th 7-8pm Regular Mat Yoga May 3 – June 28
M/Th 7-8pm Regular Mat Yoga July 12 – August 30
No class 5/31 or 7/22 Activity Center

Tai Chi

Qigong style Tai Chi focusing on basic circulation form using energy principles. Class will begin with warm up exercises to open energy channels and enhance mind-body connection. Instructor: Rhonda Allison

Adults \$48R \$52NR*
* \$8/drop-in fee also available
M 1:30-2:30pm Seated/Standing May 3 – June 28
M 1:30-2:30pm Seated/Standing July 12 – August 30
Th 5:30-6:30pm Regular Tai Chi May 6 – June 24
Th 5:30-6:30pm Regular Tai Chi July 1 – August 26
No class 5/31 or 7/22 Activity Center



Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required (no sandals) and a water bottle is recommended. Instructor: Mary Brown

Adults Field House
T/Th/F May 4-28 8:05-9:05am \$28
T/Th/F May 4-28 9:30-10:30am \$28
T/Th/F June 2-25 8:05-9:05am \$32
T/Th/F June 2-25 9:30-10:30am \$32
T/Th/F June 29-July 30 7:00-8:00am \$35
T/Th/F June 29-July 30 8:15-9:15am \$35
T/Th/F August 3-Sept 3 7:00-8:00am \$32
T/Th/F August 3-Sept 3 8:15-9:15am \$32

Learn more about payment options: www.desmoineswa.gov/seniors

Adult Enrichment

Dog Obedience

Love your dog, but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer

Dogs 4+ months

Th	May 6-27	7:15-9:15pm	Field House	\$78R \$85NR
Th	June 3-24	7:15-9:15pm	Field House	
Th	July 8-29	7:15-9:15pm	Field House	
Th	August 5-26	7:15-9:15pm	Field House	
Th	Sept 2-30	7:15-9:15pm	Field House	

Wenatchee River Rafting

Enjoy roller coaster action, commanding scenery and experience whitewater maneuvering in Boulder Bend, Rock & Roll, Drunkards Drop and Snow Blind rapids while paddling self-bailing paddle rafts. Neoprene wet suit-booties & fantastic deli lunch are included. Trip Leader: Rod Admundson, Wild Water River Tours, INC.

Ages 10+

Sa	May 15	12-5pm	Meeting Location upon Registration	\$88R \$96NR
Su	May 23	12-5pm	Meeting Location upon Registration	

CPR-Adult

An emergency can strike anyone – a father who suffers a heart attack, a friend who chokes and stops breathing, a colleague who collapses at work. This course combines hands-on training, audiovisuals, demonstrations and discussions. Instructor: Brenda Anders, Red Cross Certified.

Age 13-Adults

M	May 24	8:30-2pm	Activity Center	\$48R \$52NR
M	May 24	5:30-9pm	Activity Center	

Beginning Bridge

Learn the basics or a refresher course. Instructor: Wes Kuhlman

Adults

W	June 9-July 28	*no class 7/21	6:30-8pm	Activity Center	\$30R \$34NR
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Watercolor Workshop-all Levels

Enjoy a morning with instruction and afternoon outside with your canvas and paints. Students bring their own supplies (supply list provided) and a sack lunch. Instructor: Nancy Bogni

Adults

Sa	August 21	10am-3pm	Activity Center	\$25R \$29NR
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Facilities & Fields

Facility Rentals

Des Moines, "The Waterland City" offers unique facility locations that highlight the breathtaking beauty of the Northwest - perfect for family gatherings, weddings, banquets and other community events. Our facilities are available at competitive Facility Use Rates!

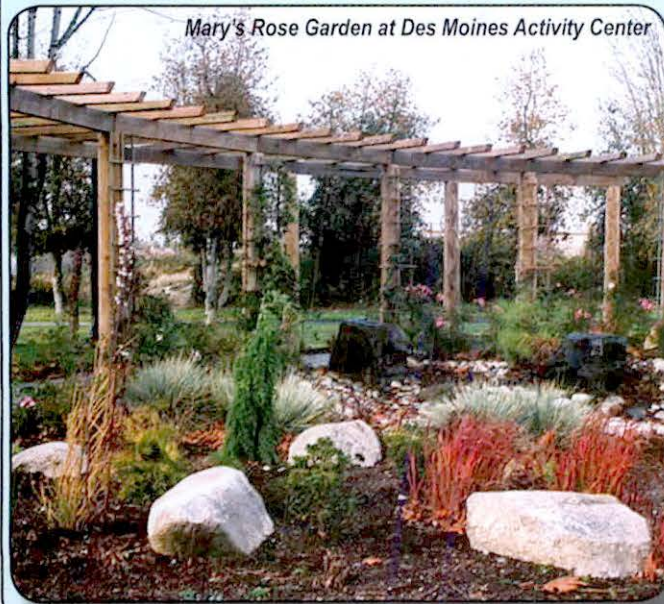
- Des Moines Activity Center
- Des Moines Beach Park
- Des Moines Field House
- Field House Shelter
- Wooton Park Gazebo

Field Rentals

The following fields are available for rent through the City of Des Moines Park & Recreation Department. For more information on field rentals, please call 206-870-6527.

- Des Moines Field House Park Fields
- Olympic Park
- Steven J Underwood Memorial Park
- Zenith Park

Mary's Rose Garden at Des Moines Activity Center



For booking and additional inquiries visit or contact:

Des Moines Parks, Recreation & Sr. Services
 1000 S. 220th Street
 Des Moines, WA 98198
 Phone: (206) 870-6527 Fax: (206) 870-6587
 E-mail: recreation@desmoineswa.gov
 Website: www.desmoineswa.gov/facility

A full listing of Des Moines Parks and Recreation Facilities can be obtained at the Administrative office or you can download a PDF file from the City's website: www.desmoineswa.gov/recreation.

Seniors

Des Moines Activity Center offers older adults and their families the opportunity to be part of a vibrant, caring community – a place filled with fun, friendship and opportunities for the mind, body and soul to feel fit! Our nutritious hot lunches are spiced with bubbling laughter and shared memories. A potpourri of activities, classes, services, special events, travel adventures and meaningful volunteer opportunities reflect the diverse interests and needs of older adults while supporting play, health and quality of life!



Look for more detailed information in our quarterly Des Moines Activity Center/Normandy Park newsletter available at Des Moines Activity Center as well as the websites for the Cities of Des Moines www.desmoineswa.gov/seniors and Normandy Park. www.ci.normandy-park.wa.us. Give us a call; we would love to hear from you!

Champagne Chow on a Beer Budget

Want to stretch your food dollars by cooking more at home? Learn how to plan menus for a week's worth of groceries, utilizing every morsel while maximizing nutrition. Instructor: Shaw Dixon

Adults and Seniors **\$18R \$22NR**
T June 8 7-9pm Activity Center

Homestyle Desserts

Do you dream of coconut cake, chocolate silk pie, lemon cheesecake and apple pie? Learn the easy techniques that will have your house smelling like homemade love! Taste testing welcomed! Instructor: Shaw Dixon

Adults and Seniors **\$18R \$22NR**
T June 15 7-9pm Activity Center

Brain Agility

Worried about your noggin? Can't seem to remember words and names like you used too? Our brains need exercise as much as our bodies! Brain Agility, developed by Dr. Peter Moulton, features a personal workbook, brain aerobics and classroom discussion. Instructors: John Carroll, Joan Hardiman, Kaylene Moon & Nancy Stephan.

\$40R \$44NR
Tu April 20 – June 1 6:30-8pm Activity Center
Th June 17-July 29 10-11:30am Activity Center

Growing, Learning & Changing

"Am I through with learning and remaining open to new possibilities? What is next for me?" Join other women through group discussion and journaling to understand and appreciate the knowledge and accomplishments of maturity, what feelings hold us back from doing what we want to do now, and open your minds to all that is available in life right now. Instructor: Joyce Elijah, LMFT

\$35R \$39NR
Th June 3-10 2-5pm Activity Center

Sunday Senior Dances

Enjoy live big band music! **\$5 admission**

1 – 3:30pm

Des Moines Activity Center

May 23 Good Times Band
June 27 Randy Litch
July 25 Evan & Charlie Brown
August 22 Randy Litch



Refreshments provided by following participants:

May: Last name beginning with N-Z

June: Last name beginning with A-M

July: Last name beginning with N-Z

August: Last name beginning with A-M

Check out Des Moines Activity Center newsletter for many more classes and activities.

Weekly Fun & Games

Des Moines Activity Center
\$1/suggested donation

American Mah Jongg

Artists Drop-in Studio

Bocce Ball

Bridge

Croquet

Duplicate Bridge

Ham Radio Meetings

Hand & Foot Card Game

Ladder Golf

Mexican Train Dominos

Movies

Pinochle

Walking Group

Wii Bowling

Connections to Services

AARP Driver Safety Classes

Blood Pressure Checks

Elderwatch

Fall Prevention

Foot Care

Legally Speaking Presentations

Massage

Medical Lending Equipment

Nutritious Lunches

Pet Food Assistance

Sea Mar Latino Activities

Senior Services Information & Assistance

Senior Services Meals on Wheels

Senior Services Shuttle Transportation

Senior Services Volunteer Transportation

Support Groups

Senior Outings

Golf Outings

Enjoy playing 9 holes at Puget Sound courses with fellow golfers. Transportation available on a first paid basis.

All players draw numbers to determine playing partners and tee position.

Departure from DMAC varies from 8-8:30am.

Return time varies

Fee Range: \$8-10

No Host Green Fee and lunch

Mondays	Course & City	Green Fees
May 3	Lake Spanaway, Spanaway	\$13-\$15
May 17	Jade Green, Auburn	\$12
June 1 (T)	Cascade, North Bend	\$14
June 14	Tahoma Valley, Yelm	\$9
June 28	Lapoma Firs, Puyallup	\$19
July 12	Mystery Trip	\$18
July 26	Classic, Spanaway	\$20
August 9	Cedarcrest, Marysville	\$15
August 23	Twin Rivers, Fall City	\$18

Horticulture

Explore Northwest gardens and nurseries with our "growing" horticulture program!

\$8/van trips

No Host Lunch

Fridays	Destination	Departure
May 7	Des Moines Garden Club Plant Sale - Carpool	10am
May 14	Woodinville's Flower World/ Olympic Nursery - Van Trip	9am
May 21	Suise Creek Country Garden - Carpool	10am
June 11	Sorticulture Garden Festival, Everett - Van Trip	9am
June 18	Gray Barn Nursery & Bamboo Gardens, Redmond - Van Trip	9am
June 25	Squak Mt. Nursery & Hayes Nursery, Issaquah - Van Trip	10am
July 16	Tacoma Goodwill Vertical Garden - Carpool	10am
July 23	A Seattle roof top garden - Van Trip	10am
July 30	Wesley Homes Dahlia Gardens & Grounds - Carpool	10am
Aug 20	Kruckeberg Botanical Garden, Shoreline - Van Trip	10am
Aug 27	Grassroots & Village Green Nurseries, Burien/White Center - Carpool	10am



Out to Lunch

Join us for a trip to an area restaurant and enjoy a no-host lunch.

Age 50+ \$8 Covers transportation and escort. Register in advance.

May 7	Shenanigans-Tacoma	11am-2pm
June 4	Wild Ginger- Bellevue	11am-2:30pm
July 9	Kallaloo Caribbean-Seattle	11am-2pm
August 6	McMenamin's Six Arms- Seattle	11am-2pm
September 3	Bair Drug-Tacoma	10:45am-2:30pm

See page 9 for Senior Coed Softball
and find fun fitness classes on page 10

Day Trips

Explore Puget Sound with Des Moines Activity Center.

No-host Lunch. Age 50+

World Vision – Federal Way		
Tuesday, April 27	\$8	9:30am-1pm
Driftwood Show-Bothell		
Saturday, May 15	\$8	9am-4pm
Clearwater Casino- Overnight – Suquamish		
Wednesday, May 19	\$50ppdo, \$85single	9:30am-4pm
Fiddler on the Roof, Seattle		
Wednesday, May 26	\$61	6:15-10:30pm
Theo Chocolate Factory- Seattle		
Wednesday, June 9	\$14	11am-4pm
Snoqualmie Casino – Snoqualmie		
Tuesday, June 15	\$5	9am-4pm
Ohme Gardens – Wenatchee		
Wednesday, June 23	\$25	8am-6pm
Cirque du Soleil- Seattle		
Thursday, June 24	\$90	2:30-7:30pm
Red Wind Casino- Olympia		
Wednesday, July 7	\$10	8:30am-4pm
Panorama City Patio Sale- Olympia		
Saturday, July 17	\$10	8am-4pm
Fandrick & Sons Pianos-Stanwood		
Tuesday, July 20	\$15	8:30am-4pm
Miniature Cattle Farm-Covington		
Wednesday, July 28	\$27	9am-3pm
Bruning Pottery-Snohomish		
Wednesday, August 11	\$10	9:45am-4pm
North Star Glove Factory- Tacoma		
Tuesday, August 17	\$8	9:15am-2pm
La Conner Quilt & Textile Museum		
Thursday, August 26	\$18	8:30am-6pm
Angel of the Wind Casino- Olympia		
Wednesday, Sept. 15	\$12	8:30am-4pm

REGISTRATION INFORMATION

City of Des Moines Parks, Recreation and Senior Services Department Offices

Parks and Recreation Administrative Office

1000 South 220th Street, Des Moines WA 98198

206-870-6527

TDD Line: 206-824-6024

Fax: 206-870-6587

www.recreation@desmoineswa.gov

Monday – Friday, 8am–4:30pm



Des Moines Activity Center Office – Senior Services

2045 S 216th Street, Des Moines WA 98198

PO Box 98576

206-878-1642

Fax 206-878-2260

www.recreation@desmoineswa.gov

Hours: Monday – Friday, 8am–4pm

Holiday Closures

Mondays, May 31, July 5, September 6

Resident Priority:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as. Valid picture ID with a Des Moines Address. Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of Residency will be requested.) The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

Ways to Register:

Walk-in: Check, Cash, Visa/MasterCard.

Phone: Visa/Mastercard.

Mail-in: Registration Form with check or Visa/MasterCard information.

Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis.

Returned check fee: \$40 (plus 50% surcharge if collection action needed).

Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Participants may request to withdraw from a program under the following conditions.

A \$10 processing fee will be deducted from the refund.

No refund will be issued for:

Programs costing \$10 or less., Programs where admission fee was purchased in advance, Special Events. Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested. Credits must be used within the current fiscal year.

Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, call 206-870-6527. TTY/TTD 206-824-6024.

Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

Des Moines Parks and Recreation Registration Form

Mail to: City of Des Moines Park & Recreation Dept. 1000 S. 220th St., Des Moines, WA 98198

Adult/Guardian (if participant is a minor)

Participant's Name

Age Birthdate M/F Address

Home Phone

Work Phone

Emergency Phone

E-mail

()

()

()

Street address

City

State

Zip code

Class Title

Fee

\$

Class Title

Fee

\$

I'll give kids a Chance, with my donation to Youth Scholarships:

\$

TOTAL

\$

VISA/MC #

Name on Card

Exp. Date

City Of Des Moines Hold Harmless Agreement

I assume all risks and hazards of the conduct of the program. In case of injury, I waive all claims or legal actions, financial or otherwise, against the City of Des Moines, its organizers, sponsors, supervisors, employees, or any volunteers connected with the program unless injury is caused by the sole negligence of the City of Des Moines. I grant full permission to use photographs, videotapes, motion pictures, recordings or any other record of the program for any purposes. In absence of signature, payment of fees and/or participation in the program constitutes acceptance of these conditions.

Adult Participant or Parent/Guardian Signature

Date

Special Events



Des Moines Arts Commission Summer 2010

"A City with Art is a City with Heart"
desmoineswa.gov/artscommission

Beach Park Jazz & Blues Free Concert Series

Wednesday nights July 21-Aug 11 7pm
Beach Park/22030 Cliff Ave S. Des Moines



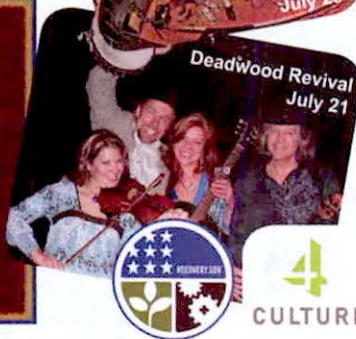
Handful of Luvin
August 4

Poverty Bay Arts Festival

Saturday, September 24 @ 10am-4pm
Downtown Des Moines/Marine View Drive
Arts, Poetry Slam, Arts Raffle & More
www.povertybayartsfestival.com



Lucas Gates,
July 28



Deadwood Revival
July 21



African All Stars, August 11



Culture Fest

Featuring performances, foods and displays from around the world.

\$8 Thursday, May 20 6-8pm
Wesley Terrace Auditorium

Cosponsored by Wesley Homes Des Moines and
the International Student Program at Highline Community College.
Free Shuttle available from Activity Center!

Call 206-878-1642 for tickets

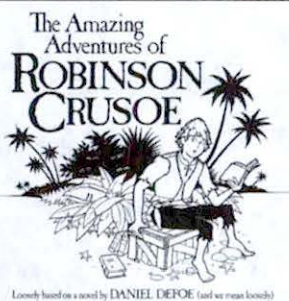
Celebrating Hats

Wednesday, July 21

5-7pm Des Moines Activity Center \$10

A delightful evening meal!
Unique China Patterns
Hats through the Ages

Cosponsored by Normandy Park Senior Living
Call 206-878-1642 for tickets



Loosely based on a novel by DANIEL DEFOE (and we mean loosely)

Performed by Missoula Children's Theatre
Friday, July 23 @ 7pm, Des Moines Field House
Saturday, July 24 @ 3pm, Des Moines Field House
\$5/Adults
\$3/Ages 3-12
Free/Age 2 and under.

Trash to Treasure Parking Lot Sale

Featuring Over 90 Vendors

Saturday, August 14 9am-3pm
Des Moines Activity Center



Booth applications accepted Monday, June 7.
Booth Prices
Indoor & Outdoor Booths Available
Senior Price- 55 AND BETTER- \$20 per space
Non Senior Price- \$25 per space
Check www.desmoineswa.gov/seniors
for complete booth application form or
Call 206-878-1642 for more details.

Des Moines City Council



Bob Sheckler
Mayor



Dave Kaplan
Mayor Pro Tem



Melissa Musser
Councilmember



Matt Pina
Councilmember



Carmen Scott
Councilmember



Dan Sherman
Councilmember



Scott Thomasson
Councilmember

City Council Highlights

- Councilmembers Melissa Musser and Matt Pina sworn in January 7, 2010; Carmen Scott and Dave Kaplan sworn in for additional 4-year terms.
- Appointed Lynson Edwards and Marta Kalve to the Human Services Advisory Committee; re-appointed Vino Atienza, Elizabeth Brant, Jean Munro and Janet Sorby to the Human Services Advisory Committee; appointed Rita Lambert, Florence McMullin and Novella O Perry to the Senior Services Advisory Committee; appointed G. Rene Laigo to the Des Moines Arts Commission.
- Adopted Vision, Mission Statement, Goals and 2010 Strategic Objectives.
- Approved the 2010 Budget (in late December 2009)
- Amended Traffic Impact Fee Ordinance.
- Adopted an Ethics Code.
- Approved Ordinance repealing the current chapter DMMC and codifying a new chapter of DMMC entitled Rental Housing.
- Updated DMMC 3.36, Small Works Roster, raising City limits from \$200,000 to the \$300,000 limit authorized by RCW 39.05.155 to increase the City's small works roster contracting procedures to accommodate this increase
- Adopted Washington Cities Electrical Code, 2009 Edition.

- Passed a resolution naming Carmen Scott the City's official photographer.
- Authorized the Des Moines Farmers Market between June 5, 2010 and October 30, 2010 at the Des Moines Marina.

Approved the following agreements/bids/contracts:

- Project Construction Agreement with Puget Sound Energy for Underground Conversion on the South 216th Street Project.
- Utility undergrounding agreements with Puget Sound Energy and Comcast.
- Approved Community Development Block Grant (CDBG) Funding Agreement for \$60,000 for 216th Corridor improvements between 11th Ave. S. and Marine View Dr.
- Interlocal Agreement between the Cities of Des Moines, SeaTac, Covington and Tukwila for planning, funding and implementation of the 2010 Joint Minor Home Repair Program using Community Development Block Grant funds.
- Approved the Interagency Agreement with the City of Seattle to be the Fiscal Agent for the Edward Byrne Memorial Justice Assistance Grant.

**See You At...
Des Moines
Waterfront
Farmers
Market!**

SATURDAYS
10am-2pm
June 5-October 30
South Marina Park

South Marina Park
WIC@Senior FARMERS MARKET